

U N A K I T C H E N

ST IVES

Bar

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UNA KITCHEN

ST IVES

All of our drinks have been sourced for you from local producers and top quality brands.

We also have a dedicated Gin & Tonic menu pairing a range of gins with Fever Tree Premium Mixers.

C Cornish

AF Alcohol Free

R Recommended

Hot Drinks

AMERICANO

Large 2.75

Small 2.35

LATTE

Large 2.95

Small 2.60

CAPPUCCINO

Large 2.95

Small 2.75

FLAT WHITE 2.85

ESPRESSO

Double 2.35

Single 2.10

CHAI LATTE 2.85

MOCHA 3.50

HOT CHOCOLATE 3.50

CORNISH BREAKFAST TEA 2.20

HERBAL TEA 2.35

Please ask for today's selection

EXTRA SHOT OF COFFEE 60p

SYRUPS 60p

Caramel/Gingerbread/Vanilla/Hazelnut

BABYCHINO 1.10

steamed milk, chocolate sprinkles

Cider

ROLLING APPLE

Draught Medium Cider made with 100% British apples

pint	4.95
half	2.50

FOWEY VALLEY CASTLEDORE C

Cornish Medium/Dry Cider 4.90

CORNISH ORCHARDS GOLD C

Cornish Dry Cider 5.75

CORNISH ORCHARDS BLUSH C

Cornish Medium/Dry Raspberry Cider 5.75

Beer

BIRRA MORETTI

pint	5.25
half	2.70

PERONI

Italian lager 3.80

BROOKLYN

American Lager 4.75

TRIBUTE C

Cornish Ale 4.90

MENA DHU C

Cornish Stout 4.90

BUDE BREWERY SUMMERLEAZE C

Cornish golden ale. Deep biscuit & honey. 3.90

BUDE BREWERY PORTHBUD C

Cornish pale ale. Light & hoppy. 3.90

BECKS BLUE AF

Non-alcoholic lager 2.80

Soft Drinks

COCA COLA	2.95
DIET COKE	2.95
BUNDABERG GINGER BEER	3.80
CORNISH ORCHARDS C	
Elderflower	3.50
Apple Juice	3.50
Orange & Lemon Sparkle	3.50
STILL/SPARKLING WATER C	
250ml	1.75
750ml	2.95
FEEL GOOD SMOOTHIE CARTONS	
Orange & Pineapple	2.00
Blackcurrant & Apple	2.00
FRESH JUICES	
Orange	2.25
Apple	2.25
Cranberry	2.25
FEVER TREE MIXERS	
Lemonade	2.40
Tonic	2.40
Light Tonic	2.40
Lemon Tonic	2.40
Mediterranean Tonic R	2.40
Aromatic Tonic	2.40
Elderflower Tonic	2.40

Mocktails

MOCK-MOJITO AF	3.75
apple juice, crushed ice, lime, & mint	
KISS ON THE BEACH AF	3.75
peach syrup, cranberry & orange juice	
VIRGIN MARY AF	3.75
tomato juice, lemon, Worcestershire sauce	
PEACH ICED TEA AF	3.75
cold tea, peach syrup, lemon, soda	
HOMEMADE LEMONADE AF	3.75
lemon juice, sugar syrup, soda	

Smoothies

All our smoothies are blended to order using grade A fruit and apple juice.

BERRY PROTEIN	5.00
Strawberry, blueberry, banana, raspberry, grape, whey protein & pea protein.	
CARROT BOOST	5.00
Carrot, orange, pumpkin, banana, goji berry, mango & ginger.	
PASSION STORM	5.00
Passion fruit, papaya, peach, pineapple, guava & aloe vera.	
GREEN REVIVER	5.00
Kale, mango, lemongrass & banana.	
RASPBERRY HEAVEN	5.00
Raspberry, blueberry, mango & apple.	

Red

Bottle/250ml/175ml

SHIRAZ - ROOS ESTATE - SOUTH AFRICA

16.75/6.00/4.25

This is a great value, full bodied Shiraz. Tasting of black cherry & blackberry flavours.

TEMPRANILLO - CASTILLO - SPAIN

18.75/6.50/4.75

Syrah really adds a lot of complexity to this - Blackcurrants, star anise & sweet spice with a palate that shows balance of tannins & oak

SANGIOVESE - TERRE ALLEGRE - ITALY R

19.50/7.00/5.25

Soft & fruity is the order of the day with this little Sangiovese. Lots of strawberry, raspberry & a little baked cherry on the nose, red fruits again on the palate with juicy ripe tannins. Very soft in style with a light-medium body and fresh acidity.

MERLOT - LOS ESPINOS - CHILE

22.00/8.50/6.00

Purple-red wine of medium intensity. On the nose there are aromas of sweet blueberries, blackberries and blackcurrant notes. On the palate it feels fresh, mature & elegant with a medium & delicate structure.

MALBEC - EQUINO - ARGENTINA

25.00

A mix of plum, raspberry and blackberry, medium-bodied, yet soft and silky. The purity of this wine is a natural acidity which complements the fruits in a lengthy finish.

SYRAH - DOMAINE LES YEUSES - FRANCE

26.00

It has wonderfully spicy, perfumed Syrah fruit & an elegant softness & roundness, which mark it out as a wine of quality. The finish is long, with an intriguing bitter-sweet pepper note.

PINOT NOIR - PATRIARCHE - FRANCE R

27.00

A trendy grape variety with a light red tone. The palate is rich and mouth filling with red fruits carrying through to the finish. Perfect accompaniment with Duck

RIOJA - COVILLA RESERVA - SPAIN

30.00

Intense ruby colour, soft vanilla tones from the oak barrel, fruity with hints of blackberry, strawberry and cherries. Soft tannins & balanced acidity.

White

Bottle/250ml/175ml

CHENIN-ROOS ESTATE-SOUTH AFRICA

16.50/6.00/4.00

Our Chenin Blanc is a pale lemon colour in glass, it is crisp & vibrant on the palate with delicate citrus fruit flavours.

PINOT GRIGIO-CORTEFRESCA-ITALY R

19.00/7.00/5.00

Full-bodied & well balanced, with a fruity bouquet.

This is an elegant, soft & off-dry white wine with excellent flinty minerality. Clear, bright & very fresh.

SAUV BLANCE-ALAIN MECON-FRANCE

20.00/7.50/5.75

A vibrant wine with bright gooseberry fruit flavours and a light, elegant and dry finish. A classic example of a great quality French sauvignon.

CHARDONNAY-WILDWOOD-USA

22.00

A young wine with aromas of citrus and green apples. On the palate, tropical fruit flavours of pineapples, peaches and ripened lemons lead the way to a crisp finish, well balanced with a hint of acidity.

VINHO VERDE-MAU MARIA-PORTUGAL

23.00

Lightly sparkling with delicate citrus flavours & melon aromas. Soft textured palate, well balanced, crisp acidity on the finish.

SAUV BLANC-AOTEAROA-NEW ZEALAND R

24.00/9.00/7.00

Aotearoa is the Maori name for New Zealand. This Marlborough is fresh and zippy full of tropical fruit and gooseberry flavours, well balanced with a long finish.

PICPOULT DE PINET-LAURIERS-FRANCE

25.00

This wine is the perfect accompaniment for any fish dish. It is crisp, clean, mineral, with delicate notes of exotic fruit. The signature wine from the Languedoc.

GEWURZTRAMINER-BERGSIG-SOUTH AFRICA

28.00

Exotic, spicy and intriguing. The classic Alsace grape that is now thriving in South Africa.

Bubbles

Bottle/125ml

PROSECCO-DI MARIA-ITALY

30.00/5.75

Lively & soft with notes of peach & melon

CUVEE ROSE-ZONIN-ITALY

30.00

Pale pink in colour, dry on the palate with fruity aromas

BRUT-TREVIBBAN MILL-CORNWALL

85.00

Flavours of lemon sherbet & biscuit with fine bubbles. Made just outside of Padstow & a credit to Cornish winemaking.

BEE'S KNEES AF 200ml bottle

6.00

A refreshing and finely balanced non-alcoholic drink combining sparkling fermented grape juice blended with premium green tea

Rose

Bottle/250ml/175ml

PINOT BLUSH-CORTEFRESCA-ITALY

19.00/7.00/5.00

An elegant & well-balanced gentle dry blush. A delicate blend of soft summer fruits & light acidity.

PRIMITIVO-REPAULO-ITALY

20.00/7.75/5.50

Fresh, varietal aromas that become more complex with time; very interesting structure due to the balance between soft tannins & acidity.

PROVENCE ROSE-PIQUE ROQUE-FRANCE

28.00

This provence rose is the perfect summer wine, light and heathery in flavour with fresh and intense aromas

Prosecco Cocktails

125ML OF DIA MARIA PROSECCO TOPPED
WITH YOUR CHOICE OF LIQUEUR

with CASSIS	6.75
with PEACH PUREE	6.25
with RHUBARB & GINGER GIN	7.25
with TARQUIN'S BLACKBERRY GIN C	7.25
with APEROL	7.25
with ST GERMAIN ELDERFLOWER	7.25

Classic Cocktails

ESPRESSO MARTINI Fresh espresso, Absolut vanilla vodka & sugar syrup	7.75
COSMOPOLITAN Smirnoff vodka, Cointreau, cranberry juice & lime	7.95
MARGARITA Jose Cuvero tequila, Cointreau, lime & sugar syrup	7.95
DARK & STORMY Kraken BlackSpiced Rum, lime & Ginger Beer	8.25
NEGRONI DULCE Aperol, Gordons gin & Martini Rosso	8.25
SPICED MOJITO Sailor Jerry's rum, crushed ice, lime, sugar syrup & mint	8.25
SUMMER PIMM'S TWIST Pimm's No 1 & elderflower pressé with lemon, mint & strawberries	7.25
UNA KITCHEN BLOODY MARY Our own spiced vodka with Worcestershire sauce, tomato juice & lemon	7.25

Spirits

VODKA

Smirnoff Red	2.50
Absolut Vanilla	2.50
Belvedere R	4.00

GIN

Gordon's	2.50
Bombay Sapphire	2.80
Bulldog	3.30
Plymouth	3.40
Quick	3.40
Tanqueray	3.50
Hendricks	3.75
Tarquin's Dry R C	3.75
Tarquin's Blackberry C	3.75
Tarquin's Strawberry & Lime	3.75
Wicked Wolf	4.00
Trevethan Cornish Gin C	4.00
Bathtub	4.00
Marylebone	4.90

RUM

Bacardi	2.50
Sailor Jerry's	3.25
Kraken Black Spiced R	3.50

WHISKEY

Famous Grouse	2.50
Jack Daniel's	3.00
Johnnie Walker Black	3.30
Makers Mark	3.30
Jura	4.50

BRANDY

Jules Clairon	2.50
Courvoisier VSOP	3.00
Remy Martin VSOP	5.00

TEQUILA

Jose Cuervo	3.25
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LIQUEUR

Aperol	2.50
Bailey's	2.50
Cassis	2.50
Cointreau	3.00
Disaronno Amaretto	2.50
Martini Dry	2.00
Martini Rosso	2.00
Pimms	2.00
St Germain	3.00
Tia Maria	2.50
Archers	2.50