

UNA KITCHEN

ST IVES

Breakfast Menu

FULL CORNISH 9

Bacon, sausage, fried egg, beans, mushroom, tomatoes, hog's pudding & hash browns

SMALL FULL CORNISH 7

Bacon, sausage, egg, beans, & hash brown

VEGGIE BREAKFAST 6

Vegetarian sausage, two eggs, beans, mushroom, tomatoes & hash brown

SMOKED SALMON & SCRAMBLED EGGS 9

AVOCADO & POACHED EGGS

on white toast

SMOOTHIE BOWL 7

blueberry, banana, raspberry & flax seed smoothie topped with fresh banana, blueberries & strawberries

BROWN, WHITE or GLUTEN FREE TOAST 4.5

with Cornish butter & choice of either local jam or marmalade

Many of our dishes can be made vegan or gluten free by making substitutions or altering cooking methods. Please be aware that dishes are prepared in a kitchen that uses nuts. Please ask for more information.